



BUTTERCUP WEEKLY PROJECT

Task: Cooking!

Week beginning: 30.3.20

Focus:

Maths

Comparing volume and capacity (full/ empty/ half full, which container holds more/less).
Measuring volume, e.g. it is the same as 3 cups or 10 millilitre (Year 1 focus)
Comparing weight and mass (heavy/light, this weighs more/less)
Measuring mass, e.g. it is the same weight as 1 apple or 10 grams (Year 1 focus)

Reading/ Writing

Use phonetic knowledge to decode and write words and sentences

DT/ Physical Development

Understand the importance of a healthy diet, manage basic hygiene, make plans and evaluate dishes.

Activity:

We would have been focusing on mass and capacity this week at school so at home it would be brilliant if you can do some cooking! I know ingredients can be difficult at the moment so here are a few ideas, do whichever work best for you, or simply get your child to help make breakfast, lunch or dinner!

You could...

- 'Cook' in the garden making your own mud kitchen. Use old flower pots and sticks or pots and pans and spoons, yoghurt pots and containers to measure with. Or have a garden potion lab using petals, herbs, water, grass and mud and funnels, pestle and mortar, scoops and jugs.
- Make your own playdough. This can be with an adult using a recipe like: <https://www.bbcgoodfood.com/howto/guide/playdough-recipe> or simply ask your child to slowly add water to a bowl of flour until they get the right consistency. It won't last as long but is still usable and lots of fun.
- Cook something space themed like these moon rock cakes : <https://rainydaymum.co.uk/space-rock-cake-recipe/> or ricecakes <https://www.thingstoshareandremember.com/eat-the-moon-space-snack/>
- Recipes which measure everything in cups are also great. Here's a cake recipe that your child may be able to make completely by themselves if you have balance scales (apart from putting it in the oven!) http://cw.routledge.com/textbooks/eresources/9780415659734/Appendix_A.pdf

Focus on:

- Talking about the size and weight of ingredients. Which one is heavier? What size bowl should we use to mix the ingredients? How do you know which container holds more? How do we check we are measuring fairly/accurately?
- Talking about good hygiene when cooking and making healthy choices. Planning what to cook and then evaluating it afterwards. How could you improve it, if you made it again?
- Reading lists of ingredients. Looking at how recipes are laid out. Finding key words and reading numerals in recipes.

Additional Ideas:

- Children could write their own recipe for whatever they have cooked (even if it is a mud pie in the garden!) They can do this in words or using numbers and pictures or even take photos of the different stages.
- They could create a menu for the day or keep a food log of what they have eaten and talk about what is healthy.
- Set up a snack menu. Price up different snacks your child usually has and give them an allowance for the day. They can then choose their snack and pay you for it. I would price items in pennies up to 5 or 10p only. You could make healthier choices more expensive!
- Reception and Year 1s can play this game to compare mass <https://pbskids.org/peg/games/happy-camel>
Year 1s can play a game to read volumes (start with litres and half litres only) <http://www.ictgames.com/mobilePage/capacity/index.html>

Sharing your task:

Put photos or video on 'Evidence Me' or email me at lcotton@twineham.w-sussex.sch.uk

Put any recipes and menus in your homework books.